

Requirements for hosting Sunyogi Umasankar.

Sun swami has been sharing the knowledge of Sun yoga generously running on a donation basis since 1997. Now with his popularity there are certain requirements for hosting a retreat.

The following guidelines, makes his travel, and teachings more efficient, and respected. We hope you understand the need for the requirements.

Travel and lodging

- ॐ All travel expenses, including airport pick up must be covered.
- ॐ Private accommodation, in a quiet environment that supports swami's sadhana practice.
- ॐ The use of a computer with internet.
- ॐ 1-3pm is resting time.

Teachings Requirements

- ॐ A white board and markers.
- ॐ A projector with sound.
- ॐ Microphone (if venue is large).
- ॐ The outside venue must face the sunrise, the practical teachings can be offered in a inside venue.

Students requirements

- ॐ Students must attend all teachings.
- ॐ Students must be punctual.
- ॐ No new comers after the first day.

Sponsoring his time.

- ॐ From his past experiences, Swami Gi, has been booked and on several occasions and the inviting party at the last minute has cancelled. So those who are sincerely interested in hosting Swami must agree to the following.
- ॐ A non-refundable deposit is required to book his time.
- ॐ For Indians 5000 rs is required, sent through a bank draft.
- ॐ For Foreigners \$300 dollars, or equivalent.
- ॐ 40% of the workshop earning are to be shared (after expenses) to sun swami ashram, so if there is not enough students the host/ess will have to cover the minimum donation of 10,000 rs.
- ॐ If you would like to have a free introductory talk for the public to learn more about sun yoga and swamis teachings, this is also an option for inviting more students.

Advertising

- ॐ This is the responsibility of the invitee. You can request for a poster if you are not able to download from the internet.