

Sunyoga Training & Workshop

Sunyogi Umasankar is an Indian yogi who has mastered the practice of sunyoga, a means of connecting to the divine, or supreme soul, through direct contact with the sun.

Sunyogi has led an extraordinary life; he spent 6 years walking around the subcontinent with no money or possessions and has lived for long periods without eating any food, deriving all his energy directly from the sun. Recently, he completed a two-year retreat high in the Himalayas and has returned to the world to continue teaching sunyoga and spread his message of **Universal Peace, Unity and Brotherhood**.

Malaysia is pleased to welcome Sunyogi Umasankar and a retreat with him is being organized.

Date: 29 – 31 March, 2010 (Mon-Wed)

Venue: Kuantan Tembeling Resort
Jalan Padang Golf, 25050 Kuantan, Pahang

Cost:

1. RM380 per participant (inclusive of 2 nights accommodation (twin-sharing), at Kuantan Tembeling Resort and vegetarian meals - breakfast, lunch and refreshment)
2. RM250 per participant (inclusive of vegetarian meals – breakfast, lunch and refreshment but excluding accommodation)

If you are interested in learning Sunyoga Meditation from Sunyogi Umasankar, please contact:

Kuantan

Mrs Ang: +6016-921 9898 (sowsinchan@gmail.com)

KY Ong: +6019-950 8029

Kahang, Johor

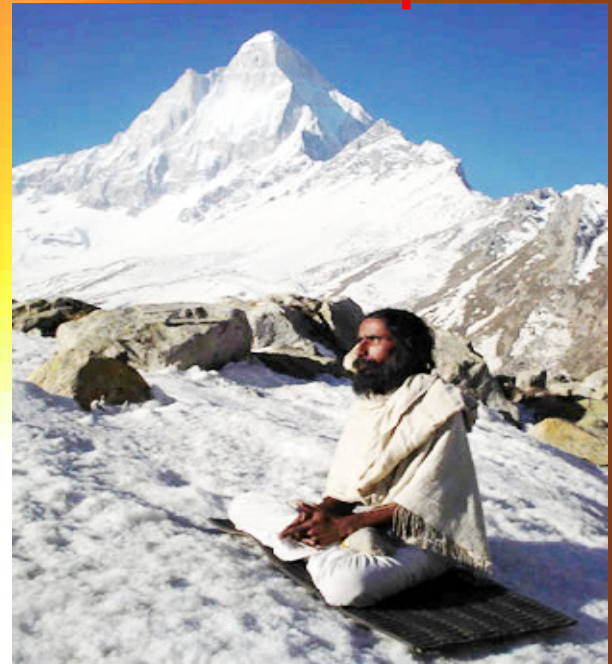
Mr Tam: +6012-712 8158

KL

Milly: +6016-655 0942

Tan: chaichintan@yahoo.com

****Seats are limited (reserved on a first come, first served basis). Please register with payment before 10 March, 2010 to avoid disappointment.****



Website: www.sunyoga.info



Disclaimer: With what you learn at the Workshop, do your own research and discuss your options with healthcare professionals involved in your care.